



1. What stayed with you from the sermon, and why?
2. Think of a time when something you did went unnoticed. What did your reaction reveal about your need to be seen?
3. The sermon asked, “If I stopped being useful for a minute, would anybody still come looking?” How does that question connect with your experience?
4. Read Matthew 6:1–4. Jesus identifies doing good “to be seen” as the problem. How can you recognize when the desire for recognition begins to shape your generosity?
5. Josh said spiritual performance can come from pride or fear. Which do you recognize more in yourself? How does it show up?
6. Read Matthew 6:5–8. How might knowing that the Father already knows your needs change the way you pray? What would you say if you weren’t worried about sounding spiritual?
7. Jesus repeats, “Your Father who sees in secret will reward you.” What makes that promise comforting—or difficult to trust?
8. Have you ever interpreted an unanswered prayer as evidence that God hadn’t noticed you? How does this passage speak to that experience without dismissing the disappointment?
9. We still need appreciation and care from one another. How can this group help people feel seen while encouraging faith that can endure without applause?
10. Which quiet practice will you choose this week: honest private prayer, unannounced generosity, or fasting? When will you do it, and what do you hope to learn about trusting the Father?