



1. What is one new habit, plan, or fresh start you were convinced would finally change your life? How long did the excitement last?
2. Why do we tend to interpret feeling close to God as evidence that our faith is strong—and feeling distant from God as evidence that something is wrong?
3. Read 2 Kings 5:1–3. What stands out about the contrast between Naaman and the unnamed Israelite girl? What does each person possess that the other does not?
4. Naaman arrived at Elisha's house with expectations about how his healing should happen. What expectations do people commonly carry about how God should speak, guide, heal, or change them?
5. Why was Naaman willing to perform a difficult or impressive task but initially unwilling to follow a simple instruction?
6. The sermon described the first six dips as moments when “nothing visible happens.” When have you struggled to continue because you could not see any evidence that your faithfulness mattered?
7. What is the difference between an ordinary moment and an empty one? Where might you be overlooking God's presence because nothing dramatic is happening?
8. The person in the Community Nights story said, “It wasn't any one thing. It was the consistency.” Who or what has shaped you gradually through repeated, ordinary experiences?
9. Which invitation do you most need right now: “Receive the day you actually have” or “Don't quit in the quiet”? Why?
10. What is one ordinary place in your life where you want to become more attentive to God this week? How can this group help you follow through?