



1. In John 11, why do you think John makes a point to say “Jesus loved them” right before telling us He stayed two more days?
2. Where in your life right now does God feel slow — and what have you been assuming that delay means?
3. When something feels urgent, what is usually governing your reaction: fear, control, image, insecurity, or clarity?
4. Think of a recent moment where you misread someone’s tone or intention. What story did you tell yourself in the gap?
5. Why do you think we tend to equate love with immediacy and care with quick results?
6. In what area of your life are you most tempted to react quickly instead of pausing to discern?
7. Jesus says walking in the “daylight” keeps you from stumbling. What does walking in alignment (rather than urgency) practically look like for you this week?
8. What is one relationship where slowing your interpretation could change how you respond?
9. When you experience delay, do you move toward trust or toward control? How can you tell?
10. What would it look like for you to intentionally insert a pause between stimulus and response in one specific situation this week?