

New year. New me. Same doubt.

1. As we step into 2026, many of us set goals for our external lives (career, health, habits). But looking inward, what is one area of your spiritual life or character where you hope to see **growth** this year?
2. We often treat doubt as a "sin" or a sign of weakness. In your own experience, have you felt the need to "clean up" your faith before showing up to church or talking to God? Why do you think we are so afraid to let our doubts be seen?
3. What is one specific "**Why?**" or "**How?**" you are carrying into this year? (Why is this situation not changing? How can God be good when X is happening?, etc.) How does carrying that question change the way you pray or relate to God on a daily basis?
4. Habakkuk had a conversion with God that went like this:
 - **Habakkuk:** "God, don't you care? Are you indifferent?" (1:2-3)
 - **God:** "I'm not indifferent. I'm doing something you're not going to believe." (1:5-6)
 - **Habakkuk:** "What!? That's even worse!" (1:12-13)
 - **God:** "They aren't going to get away with this. They will be held accountable." (2:14,16)
 - **Habakkuk:** "Ok. I will keep singing." (3:16-18)

If you were to have a conversation with God about your doubt, what kinds of things would you say and what do you think God would say back?

5. Habakkuk means both "**to wrestle**" and "**to embrace**." Talk about the dichotomy of those 2 words...how are they two sides of the same coin? How can they bolster your faith?
6. We talked about three "**embraces**" that we can lean into with our doubt: Embrace the conversation, embrace God in the midst of doubt, embrace the doubt as a tool for growth. Which one are you resonating with most? What would that kind of "embracing" look like for **you** in this season?