



## DISCUSSION QUESTIONS

- “Am I enough?” is a haunting question for many men. In what areas of your life do you wrestle with this question most—work, parenting, marriage, faith, something else?
- Josh shared that gifts for dads often imply what kind of man you’re expected to be. What “gifts” (literal or cultural expectations) have shaped your view of what it means to be a good father/man?
- Joseph never speaks in scripture, but his actions shout faith. How do you relate to Joseph’s quiet obedience? Where in your life is God asking you to act, even if no one sees or applauds?
- “Joseph stayed.” What does staying look like for you right now—emotionally, spiritually, relationally? Where is it hardest?
- Josh said, “Every time you say yes to God, it carries Kingdom consequences.” What is one area where you’ve said (or need to say) yes to God, and how might that “yes” ripple out to your family or community?
- The phrase “God with us” changed everything for Joseph. What would shift in your life if you lived every day deeply aware that God is with you?
- Josh shared a story about his dad showing up in the small, sweaty moments. What’s one memory from your childhood (or parenting) where presence meant more than perfection?
- **Matthew 11:28-30** offers rest for the weary. What burden are you carrying right now that you need to release to Jesus? What makes that hard?
- Let’s talk long-haul presence. What would it look like for you to parent, mentor, or lead with the next 10 years in mind—not just the next 10 minutes?
- Finish this sentence honestly: “I’ll believe I’m enough when \_\_\_\_.” Now reframe it with God’s truth: “Because God is with me, I am enough even when \_\_\_\_.”